

PRAYER JOURNAL

DATE:

LOCATION OF EUCHARISTIC ADORATION:

A **DORATION** *Expressing your deep love for God.*

C **ONFESSION** *Telling God you're sorry*

T **HANKSGIVING** *Expressing your gratitude for God's goodness*

S **UPPLICATION** *Asking God for your needs and the needs of others*

O **THER**